

November 14, 2010

Dear Members of the Parkway Running Club,

This past summer, I was the lucky recipient of one of the Walter Burgess Newport Running Camp scholarships which enabled me to attend the Newport Running Camp for the third and final time with my St. John the Baptist Diocesan High School team. During my previous summers at the camp, I had heard what a great guy Walter Burgess was and am honored to have received a scholarship in his name. It meant a lot to me and I am extremely grateful for having been chosen and sincerely thank all the members of the club.

The Newport Running Camp is so exciting! I first attended the summer after my freshman year in high school with my teammates and Coach David Wood of St. John the Baptist. I loved it! This year, I hated to leave knowing that it was my last year to participate because I will be graduating high school next spring.

Just as Coach Wood promised, the camp has helped me in so many ways with my running. The people and coaches who run the camp are amazing. They are all great runners and shared their knowledge with us. I got to meet Olympians and many other great college runners. I was inspired by these people. The training helped a great deal in getting me ready for my cross country season. It is very motivating to train with other runners at the camp. I also got great advice and tips about racing, training, cross training and nutrition to supplement what I had been taught by my own coach.

Another exciting thing about the camp was that it connected me and my teammates with the larger running community. We got to meet other high school runners from all over the country. It was great to meet other people who all share the love of running.

My cross country season is going very well. I have been pretty successful so far, running many personal bests.

Once again, thank you for making it possible for me to attend this great running camp.



Sincerely,

*Anne Carey*

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